



Pamela LeFrois, M. Ed., SNS

Director of School Nutrition

Hello

As you may already know, the Barrow's wellness policy guides how our schools make the healthy choice the easy choice. You can find a copy of our wellness policy here: <http://www.barrow.k12.ga.us/school-nutrition.html>. Since healthier school environments help support student learning and behavior, I am asking for your support to make sure Barrow's schools help kids make healthy food choices and be physically active.

The Barrow County wellness policy not only benefits school staff through better learners, but it is also a Federal requirement that we have one and that it include specific components. The final regulation on local school wellness policies was released on July 29, 2016. As part of the requirements, the district needs to inform the public about the wellness policy and any updates that are made. You play an important role in helping us meet this requirement and in garnering family and school staff participation in school wellness policy development and implementation. This will help ensure that your school's unique needs are addressed through the district-wide wellness policy.

If you haven't done so already, I encourage you to designate at least one local school wellness lead that will represent your school at the district wellness committee meetings. Please share the contact information for your school wellness lead with me, so that I may include him or her in future correspondence about school wellness activities.

Thank you for your continued support in making healthy food choices and physical activity a priority for our schools.

Sincerely,

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