



# Barrow After School Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Sept 1 Carrot Sticks w/Ranch Dip 3/4 cup Cheese Stick & Apple Juice 6oz
Sept 4 Cheez-It Crackers Apple Juice-6 oz	Sept 5 Fresh Apple Cheese Stick & Milk	Sept 6 Tostitos Scoops w/Salsa Orange Juice-6 oz	Sept 7 Goldfish Crackers Cheese Stick & Apple Juice 6 oz	Sept 8 Cinnamon Graham Bits Fruit Punch Juice –6 oz
Sept 11 Chocolate Fudge Pop Tart Fruit Punch Juice –6 oz	Sept 12 Blueberry Muffin—2oz Milk	Sept 13 Doritos Apple Juice—6 oz	Sept 14 Carrot Sticks w/Ranch Dip 3/4 cup Cheese Stick & Apple Juice 6 oz	Sept 15 Garden Salsa Sun Chips Orange Juice –6 oz
Sept 18 Tostitos Scoops w/Salsa Orange Juice –6 oz	Sept 19 Chocolate Chip Graham Bits Milk	Sept 20 Strawberry Pop Tart Fruit Punch Juice– 6 oz	Sept 21 Fresh Apple Cheese Stick & Milk	Sept 22 Strawberry Chex Mix Apple Juice—6 oz
Sept 25 Chocolate Chip Muffin –2 oz Milk	Sept 26 Cheddar Sun Chips Fruit Punch Juice– 6 oz	Sept 27 Goldfish Crackers Cheese Stick & Orange Juice 6 oz	Sept 28 Cheez-It Crackers Apple Juice –6 oz	Sept 29 Carrot Sticks w/Ranch Dip 3/4 cup Cheese Stick & Apple Juice 6 oz

