

# November

## Barrow Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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**The Harvest of the Month (HOTM) item for the month of November is Georgia Grown sweet potatoes from Herndon Farms in Lyons, GA. Sweet potatoes are a root vegetable, with a sweet taste packed with nutrition! Try them in sweet and savory dishes all year long.**




		1 Beef & Cheese Tacos Seasoned Black Beans Lettuce & Tomato Whole Fruit Sorbet Cup	2 Mini Sloppy Joes Creamy Coleslaw Tater Tots Baked Cinnamon Apples Brownie	3 French Bread Pizza <i>HOM-Roasted Sweet Potato Wedges</i> Cucumbers & Tomatoes Peaches
6 Mini Corndogs Potato Smiles Fresh Veggie Cup Tropical Fruit Ice Cream Cup	7 <i>Teacher Planning No School for Students</i>	8 Lasagna w/Breadstick Pumpkin Spice Carrots Cucumbers & Tomatoes Applesauce	9 Asian Orange Chicken w/ Rice/Egg Roll Fresh Broccoli Dippers Edamame Mandarin Oranges/Cookie	10 Stuffed Crust Pizza Garden Salad Sweet Yellow Corn Pears
13 Brunch 4 Lunch Tri Tater Hashbrowns <i>HOM-Fresh Sweet Potato Sticks</i> Yogurt Parfait	14 Vegetable Beef Soup w/ Grilled Cheese Sandwich Garden Salad Fresh Broccoli Dippers Pumpkin Spice Apples	15 BBQ Sandwich Savory Baked Beans Sun Chips Creamy Coleslaw Fruit Cocktail	16 Chicken Tenders w/Roll Creamy Mashed Potatoes Green Beans Squash Casserole Pumpkin Spice Scone	17 <i>Birthday Bash Day!!</i> Deep Dish Pepperoni Pizza Roasted Butternut Squash Cucumbers & Tomatoes Birthday Bash Fruit Slushie
20 <i>Thanksgiving Break</i>	21 <i>Thanksgiving Break</i>	22 <i>Thanksgiving Break</i>	23 <i>Thanksgiving Break</i>	24 <i>Thanksgiving Break</i>
27 Beef & Cheddar Sandwich Savory Baked Beans Sidewinder Fries Fruit Cocktail	28 Chicken Filet Sandwich Potato Smiles Fresh Green Beans Mandarin Oranges Pudding Cup	29 Chili Mac Broccoli & Cauliflower w/ Cheese Carrots Pears	30 Pizza Bagel Bites Corn on the Cob Fresh Veggie Cup Pineapple Tidbits Mini Rice Krispie Treat	

Offered Daily:  
Hot Dog, PBJ Grab-n-Go, or Yogurt & Muffin Plate  
Fresh Fruit  
Assorted fat-free or low-fat milk is offered at lunch.  
Meal Prices:  
Paid - \$1.50  
Reduced - \$0.40  
Adult - \$3.25  
Menus are subject to change due to market conditions, delivery, food availability, and school activities.



This institution is an equal opportunity provider



 Indicates local, Georgia Grown Food!

