

# May Lunch Menu

Have a Safe & Fun Summer!



## Barrow Middle School Menu

Harvest of the Month (HOTM) items are blueberries, cucumbers, and Vidalia onions.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Beef Tips 1 Turkey Club Wrap Fresh Green Beans/Squash Bell Peppers & Tomatoes Mandarin Oranges	Hot Dog 2 BBQ Sandwich Coleslaw Curly Fries Baked Beans Fruit Cocktail	Sloppy Joe Bowl 3 Buffalo Chicken Pizza Corn on the Cob Fresh Zucchini Broccoli Salad Pears/Cupcake
Traditional or Spicy 6 Chicken Filet Sandwich Lettuce Tomato Pickle Sidewinder Fries Peas & Carrots Sherbet Fruit Cup	Brunch 4 Lunch 7 Tri Tater Hash Browns Baby Carrots Grits/Scrambled Eggs Peaches	Asian Chicken 8 Cheeseburger Baked Sweet Potato Georgia Blend Veggies Coleslaw Tropical Fruit/Cookie	Beef & Cheese Nachos <sup>9</sup> Chicken Quesadilla Lettuce & Tomato Mexicali Corn/Pinto Beans HOTM-Blueberries	Pizza 10 Cuban Sandwich Squash/Broccoli HOTM-Cucumbers & Vidalia Onion Salad
Sloppy Joe Bowl 13 Mini Corn Dogs Fresh Veggie Cup Corn/Oven Fries Pears/Pudding Cup	Traditional or Spicy 14 Chicken Tenders Au Gratin Potatoes Fresh Green Beans/Carrots Baked Cinnamon Apples	Beef Tips w/ Mashed Potatoes Peas & Carrots Oven Fried Okra HOTM-Cucumbers	Cheesy Flatbread 16 Italian Meatball Hoagie Side Salad/Baked Sweet Potato/Cheesy Cauliflower Applesauce/Rice Krispie	Oven Fried Chicken 17 Cuban Sandwich Baby Baker Potatoes Black Eye Peas Bell Peppers & Tomatoes
Traditional or Spicy 20 Chicken Filet Sandwich Lettuce Tomato Pickle Curly Fries Georgia Blend Veggies	Manager's Choice 21	Last Day of School 22 Manager's Choice	23	24
27	28	29	30	31
Memorial Day	Summer Feeding Available at Apalachee & Winder Barrow High Schools	Summer Feeding Available at Apalachee & Winder Barrow High Schools	Summer Feeding Available at Apalachee & Winder Barrow High Schools	Summer Feeding Available at Apalachee & Winder Barrow High Schools

Offered Daily at Lunch:

Muffin & Yogurt, PBJ Sandwich, Chef Salad, Fresh Fruits.

Assorted Fat-Free or Low-Fat Milk.

Lunch Prices:

Paid - \$1.75

Reduced - \$0.40

Adults & Visitors - \$3.25

Menus are subject to change due to market conditions, delivery, and school activities.

Free Summer Meals for Kids & Teens

Open to ALL Children 18 & Younger

May 28-June 28

Monday thru Friday

Apalachee & Winder Barrow High Schools

Indicates local, Georgia Grown Food!

This institution is an equal opportunity provider