

May Lunch Menu

Have a Safe & Fun Summer!



Barrow High School Menu

Harvest of the Month (HOTM) items are blueberries, cucumbers, and Vidalia onions.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Beef Tips 1 Turkey Club Wrap Fresh Green Beans/Squash Bell Peppers & Tomatoes Mandarin Oranges	Hot Dog 2 BBQ Sandwich Coleslaw/Curly Fries Baked Beans Fruit Cocktail	Sloppy Joe Bowl 3 Buffalo Chicken Pizza Corn on the Cob Zucchini/Broccoli Salad Pears/Cupcake
Hot Ham & Cheese 6 Or Fish Sandwich Lettuce Tomato Pickle Sidewinder Fries Peas & Carrots/Sherbet	Brunch 4 Lunch 7 Tri Tater Hash Browns Baby Carrots Grits/Scrambled Eggs Peaches	Asian Chicken 8 Cheeseburger Baked Sweet Potato/Slaw Georgia Blend Veggies Tropical Fruit/Cookie	Nachos 9 Chicken Quesadilla Lettuce Tomato Mexicali Corn/Pinto Beans HOTM-Blueberries	Poppy Seed Chicken 10 Cuban Sandwich Squash/Cheesy Broccoli HOTM-Cucumbers & Vidalia Onions
Sloppy Joe Bowl 13 Mini Corn Dogs Fresh Veggie Cup Corn/Fries Pears/Pudding Cup	Traditional or Spicy 14 Chicken Tenders Au Gratin Potatoes Fresh Green Beans/Carrots Baked Cinnamon Apples	Beef Tips 15 Manager's Choice Peas & Carrots/Okra HOTM-Cucumbers Pineapple	Cheesy Flatbread 16 Italian Meatball Hoagie Side Salad/Baked Sweet Potato/Cheesy Cauliflower Applesauce/Rice Krispie Treat	Oven Fried Chicken 17 Cuban Sandwich Baby Baker Potatoes Black Eye Peas/Veggie Cup Fruit Slushy
Manager's Choice 20	Manager's Choice 21	Last Day of School Manager's Choice 22	23	24
Memorial Day 27	Summer Feeding Available at Apalachee & Winder Barrow High Schools 28	Summer Feeding Available at Apalachee & Winder Barrow High Schools 29	Summer Feeding Available at Apalachee & Winder Barrow High Schools 30	Summer Feeding Available at Apalachee & Winder Barrow High Schools 31

Offered Daily at Lunch:
 Pizza, Chicken Sandwich, Chef Salad, Deli Sub, PBJ Sandwich, Muffin & Yogurt, and Fresh Fruits.
 Assorted Fat-Free and Low-Fat Milk.
 Lunch Prices:
 Paid- \$2.00
 Reduced- \$0.40
 Adults & Visitors- \$3.25
 Menus are subject to change due to market conditions, delivery, and school activities.

Free Summer Meals for Kids & Teens
 Open to ALL Children 18 & Younger
 May 28-June 28
 Monday thru Friday
 Apalachee & Winder Barrow High Schools

Indicates local, Georgia Grown Food!

This institution is an equal opportunity provider