

May Lunch Menu

Have a Safe & Fun Summer!



Barrow Elementary Menu

Harvest of the Month (HOTM) items are blueberries, cucumbers, and Vidalia onions.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Oven Fried Chicken Roll Baby Baker Potatoes Bell Peppers & Tomatoes Peaches/Brownie	2 Chicken Alfredo Cheesy Breadstick Fresh Seasoned Carrots Garden Salad Tropical Fruit	3 Italian Meatball Hoagie Fresh Green Beans Sun Chips Veggie Cup Baked Cinnamon Apples
6 Philly Cheese Flatbread Crinkle Cut Fries Georgia Blend Veggies Pineapple	7 Brunch 4 Lunch Baby Carrots Tater Tots Scrambled Eggs Fruit Cocktail	8 Chicken Smackers Cheez-its Mashed Potatoes Lima Beans Peaches/Cookie	9 Sloppy Joe Sandwich Corn Coleslaw HOTM-Blueberries & Strawberries	10 Cheese Pizza HOTM-Cucumbers & Vidalia Onions Seasoned Broccoli Fruit Slushy
13 Chicken Filet Sandwich Lettuce Tomato Pickle Sidewinder Fries Sherbet Fruit Cup	14 Italian Meatball Hoagie Fresh Corn on the Cob Garden Salad Pears Cookie Dough Bites	15 Oven Fried Chicken Roll Baby Baker Potatoes Fresh Carrots Mandarin Oranges	16 Cheesy Parmesan Flatbread Fresh Yellow Squash HOTM-Cucumbers Applesauce	17 Asian Chicken Brown Rice Edamame Broccoli Dippers HOTM-Blueberries
20 Chicken Filet Sandwich Lettuce Tomato Pickle Baked Lays Chips Tropical Fruit Cupcake	21 Manager's Choice	22 Last Day of School Manager's Choice	23	24
27 Memorial Day	28 Summer Feeding Available at Apalachee & Winder Barrow High Schools	29 Summer Feeding Available at Apalachee & Winder Barrow High Schools	30 Summer Feeding Available at Apalachee & Winder Barrow High Schools	31 Summer Feeding Available at Apalachee & Winder Barrow High Schools

Offered Daily at Lunch:
 PBJ Sandwich, Hummus
 Vegetarian Plate, Turkey
 Lunchables, Fresh Fruit.
 Assorted Fat-Free or Low-Fat Milk.
 Lunch Prices:
 Paid - \$1.50
 Reduced -\$0.40
 Adults & Visitors - \$3.25
 Menus are subject to change due to market conditions, delivery, and school activities.

Free Summer Meals for Kids & Teens
 Open to ALL Children 18 & Younger
 May 28-June 28
 Monday thru Friday
 Apalachee & Winder Barrow High Schools

Indicates local, Georgia Grown Food!

This institution is an equal opportunity provider