

BARROW MARCH MENU



Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Stuffed Crust Pizza ⁰¹ Sloppy Joe Sandwich Cheesy Broccoli Sweet Potato Fries Celery Sticks Peaches
Original or Spicy ⁰⁴ Chicken Sandwich Lettuce Tomato <i>HOTM-Green Beans</i> Sidewinder Fries Pineapple	Brunch 4 Lunch ⁰⁵ Nat'l Breakfast Week Tri Taters Baby Carrots Grits Baked Apples	Chicken Noodle ⁰⁶ Soup/Grilled Cheese Fish Sandwich Baked Sweet Potato GA Blend Veggies Coleslaw Fruit/Pudding	Walking Taco ⁰⁷ Cheese Quesadilla Lettuce Tomato Mexicali Corn Spicy Pintos Pears	Cheese Pizza ⁰⁸ Italian Meatball Sub Squash Broccoli w/Cheese <i>HOTM-Bibb Lettuce</i> Jonny Pops
Hamburger Slider ¹¹ Mini Corndogs Sweet Potato Fries Fresh Veggie Cup Baked Beans Pears	Original or Buffalo ¹² Chicken Tenders Mashed Potatoes Steamed Cabbage Carrots Peaches	Spaghetti w/ ¹³ Meatballs Philly Chicken Sub <i>HOTM-Bibb Lettuce</i> Steamed Broccoli Corn Tropical Fruit	National Pi Day ¹⁴ Deep Dish Pizza Cucumbers Potato Smiles Carrot Coins Pineapple Rings Cookie	No School ¹⁵
Original or Spicy ¹⁸ Chicken Sandwich Lettuce Tomato Curly Fries Lima Beans Mandarin Oranges	Nachos ¹⁹ Beef or Chicken Corn Spicy Pintos Lettuce Tomatoes Fruit Cup/Brownie	Asian Chicken ²⁰ BBQ Flatbread Edamame Stir Fry Veggies Carrots & Celery Pineapple	Chili Cheese Fries ²¹ Ham Croissant Coleslaw <i>HOTM-Corn on Cob</i> GA Blend Veggies Jonny Pops	Make My Plate ²² Georgia Grown GA Po'Boy S'wich GA Green Beans GA Bibb Lettuce GA Sweet Potato GA Dessert
Steak Flatbread ²⁵ Buffalo Chicken Salad Sweet Potato Fries Peas & Carrots Cucumber Slices Applesauce Cookie Dough Bites	Baked Chicken ²⁶ Ham & Sliders Baby Baker Potatoes Okra Fresh Veggie Cup Pineapple	Beef Tips ²⁷ Deli Club Wrap <i>HOTM-Green Beans</i> Squash Bell Peppers/ Tomatoes Fruit Slushy	Hot Dog ²⁸ BBQ Sandwich Coleslaw Curly Fries Baked Beans Mandarin Oranges Cookie	Sloppy Joe Potato ²⁹ Bowl Buffalo Chicken Pizza <i>HOTM-Corn</i> Salad/Broccoli Peaches

Harvest of the Month (HOTM) is Bibb Lettuce, Corn on the Cob, and Green Beans.

What did the lettuce say to the dressing? Lettuce be friends!



Indicates local, Georgia Grown Food!

Offered Daily:

Breakfast - Biscuits, Cereal, Pop Tarts, Yogurt, Assortment of Fruits & Juices.

Lunch - Muffin & Yogurt, PBJ Sandwich, Chef Salad, and Fresh Fruits.

Assorted fat-free or low-fat milk.

Breakfast is no cost for students \$2.25

Adults

Lunch

Paid \$1.75 Reduced \$0.40

Adults \$3.25

Menus are subject to change due to market conditions, delivery, and school activities.

